



# **FARRINGTON DETACHED**

## **YOUTH & COMMUNITY FOOTBALL CLUB**

### **COVID GUIDELINES & DECLARATION FORM**

#### **RETURN TO TRAINING**

As a club safety will always be paramount to our Coaches, Players and supporters as we look to return to grassroots football. We unfortunately however cannot fully eliminate the potential risk from this virus, but we can all help in making sure we can deliver training in the safest way going forward. Our coaches are now fully aware of the recent updated FA guidance notes and guidelines that are specific to our club training venues. Coaches have been advised to coach with what they feel comfortable with regarding numbers and time spans (as long as they don't exceed the ratio).

#### **PARENTS AND CARERS**

We have issued a general tick box consent form in this pack for you to complete. You will need to read, sign and return this on your first training session. This is just to clarify you have received this information.

If you Require any further info please contact your teams' coach.

Ian Stewart - Farringdon Detached AFC



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### COACHES GUIDANCE

Football coaches can now undertake small group sessions up to six people (including the coach) but are reminded to follow [FA SAFEGUARDING POLICY](#) when coaching/working with children.

This must include risk assessing the activities, gaining **CONSENT** from parents/carers. (Consent Form will need to be emailed out and returned to the coach prior to the commencement of training) and ensuring you are in sight of another adult. For example, a parent/carer or another coach and that the ratio of coach to different age-groups of children is appropriate. For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity. **(ONLY COACH WITH WHAT YOU FEEL COMFORTABLE WITH AND LOOK TO CEASE TRAINING AT ANY TIME IF NECESSARY)**

It is permissible for coaches to organise a training session that has two or more groups of six **(5 kids to 1 coach—other group will require a 2<sup>nd</sup> coach or a helper that is DBS checked by the club but they cannot lead in any training )** involved in the session, as long as the groups of six are kept separate, everyone is socially distancing and strict hygiene measures are in place with any equipment. **(THE CLUB HOWEVER STIPULATES THAT WE OPERATE TO A OF MAX 2 GROUPS ANY TEAMS WITH MORE THAN 10 PLAYERS WILL NEED TO ORGANISE ANOTHER SESSION)**

Football coaches working with people with impairments must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.

**Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you're classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.**

The FA will continue to work closely with DCMS and Sport England in order to set out good practice guidance for those responsible for delivering different aspects of grassroots football and we will provide further updates to as guidance information is shared.



# FARRINGDON DETACHED

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### PARENT/PLAYER CONSENT FORM

- You are you satisfied with the guidance notes and for your child to return to Club training.... YES/NO
- You have you read the FA/Club Guidance Notes issued to you and will adhere to them.... YES/NO
- You are you fully aware of the FA guidance notes relating to the social distancing (2-metre RULE) and that you must provide your own hand sanitizer and water bottle .... YES/NO
- The Coach will determine his own ratio of kids to train that he feels comfortable with.....YES/NO
- You are fully aware that the coach can cease training at ANY time if required.... YES/NO
- You are fully aware that if you have any of the symptoms relating to the Government Guidelines of COVID-19 you MUST NOT attend training and notify the Club...YES/NO

**IF unfortunately, you have circled NO to any of the above then you should not return to training within your team (COACHES MAY LOOK TO PROVIDE YOU WITH AT HOME ACTIVITIES UNTIL YOU CAN RETURN)**

PARENT/PLAYER:

DATE:

### Teams Club Guidance Training Sessions and Sites

- If your child or anyone in your household has symptoms or has been in contact with anyone who has tested positive with CO-VID 19 you should stay at home and under no circumstances travel to training. Please inform your coach and follow the national guidelines relating to track and trace.
- Please do not send your child to football accompanied by a parent or carer who is classed as vulnerable or who has been advised to shield.
- Only one parent/carer per player, please refrain from bringing siblings to watch the training. If you have no choice, please ensure that both you and the sibling are adhering to the social distancing or even remain in your vehicle (if applicable). Please **DO NOT** allow any child to play on the play areas at any venue.
- All parents should follow the social distancing guidelines and remain 2 m from anyone from another household.
- All coaches to adhere to the latest FA, club and national guidance when planning and delivering their sessions.
- Coaches will provide their own Hand Sanitizer for their own personal use following the FA guidance on this as a minimum



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- Hand Sanitizer must be provided by the parent and administered prior to training and after training as a minimum.
- Parents are advised to only arrive for the time the session starts.  
If you arrive early, please look to follow the Government guidelines on Social Distancing and if there is a session already in place please remain in your vehicle until the site is vacated (if applicable)
- If there is another session that follows yours, please look to finish 5 mins earlier to enable a clean-up of area and allow parents to leave in a safe manner (minimise numbers at any one at facility)
- If coaches require to speak to parents/carers, please follow the social distance following training adhere to the social distance guideline of 2-metres.
- Coaches must log all children's names who attend the training sessions for reference.
- On 1<sup>st</sup> aid the coaches will only carry this out in extreme circumstances using the correct items of PPE within their 1<sup>st</sup> air bags **(parent/carer will need to carry out minor issues themselves under guidance of the coach applying social distancing measures)**
- Coaches will not be able to tie any player's shoelaces. (parents must do this)
- Parents are to provide their child's own named water bottle for training.  
Continued....
- Each Player to have their own safe zone to place their items within (coaches to implement this using the 2m social distance guidance)
- Coaches to ensure that all equipment is cleaned using antiviral disinfectant spray provided by themselves before and after the session and only handled throughout the session by themselves.  
Children should not touch cones, ladders, football's, etc during the session with their bare hands.  
(Goalkeepers need to wear their gloves throughout the session)
- Spitting is always frowned upon by the club, but this now totally **Banned** during any club training due to the CO-VID 19 situation. **Should this take place then the child will be asked to leave the session immediately and to be taken home by the parent.**
- All coaching material and footballs will only be used solely for each group of 5 or it will be thoroughly washed prior to another group using them.
- Coaches look to encourage parents to bring their own children's footballs to use if deemed necessary.
- Parents please look to continue with safety guidance on cleaning (hands kit footballs etc) on returning home after training

**The above guidelines should be supported along with the current Government and FA guidance notes, which Farringdon Detached have already made you aware of. Thank you.**